

GENUINE
GOOD FOOD DOES GOOD

October

Raices Del Saber

25-26 Raices Del Saber Lunch

		No School		1	No School		2	No School		3				
No School		6	No School		7	No School		8	No School		10			
Lunch Entree Chile Colorado Beef Burrito Vegetables Calabacitas con Elote (Squash with Corn) Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		13	Lunch Entree Turkey Soft Tacos Vegetables Fire Roasted Salsa Shredded Romaine Fire Roasted Black Beans Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		14	Lunch Entree Creamy Green Chili, Chicken & Rice Casserole Vegetables Herb Roasted Carrots Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		15	Lunch Entree Beef Hamburger Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk Misc. American Cheese Slice Ketchup Condiments Mustard		16	Lunch Entree Cheesy Baked Ziti Vegetables Fresh Roasted Broccoli with Garlic Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		17
Lunch Entree Grilled Cheese Sandwich Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		20	Lunch Entree Beef & Cheese Nachos Vegetables Pinto Beans Fire Roasted Salsa Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		21	Lunch Entree Roasted Orange Chicken Thigh Vegetables Steamed Broccoli Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Fat Free Milk		22	Lunch Entree Cheese Pizza Vegetables Garden Salad Cucumber Slices Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		23	Lunch Entree Popcorn Chicken Mac & Cheese Bowl Vegetables Glazed Carrots Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		24
Lunch Entree BBQ Cheeseburger Vegetables Savory Baked Beans Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		27	Lunch Entree Bean & Cheese Burrito Vegetables Calabacitas con Elote (Squash with Corn) Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		28	Lunch Entree Teriyaki Chicken Rice Bowl Vegetables Orange Ginger Carrots Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		29	Lunch Entree Cheese and Turkey Pepperoni Pizza Vegetables Garden Salad Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Milk		30	Lunch Entree Chili Cheese Fries Fruit Assorted Fruit Grains Whole Grain Corn Bread Milk 1% Lowfat Milk Fat Free Milk		31

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October

Raices Del Saber

25-26 Raices Del Saber Breakfast

No School	6	No School	7	No School	8	No School
No School	9	No School	10	No School	11	No School
Breakfast Entree	13	Breakfast Entree	14	Breakfast Entree	15	Breakfast Entree
Egg & Cheese on Biscuit		French Toast Casserole		Strawberry Yogurt Parfait with Granola		Bacon & Queso Breakfast Tacos
Fruit		Fruit		Fruit		Vegetables
Assorted Fruit		Assorted Fruit		Assorted Fruit		Fire Roasted Salsa
Milk		Milk		Milk		Fruit
1% Lowfat Milk		1% Lowfat Milk		1% Lowfat Milk		Assorted Fruit
Fat Free Milk		Fat Free Milk		Fat Free Milk		Milk
						1% Lowfat Milk
						Fat Free Milk
Breakfast Entree	20	Breakfast Entree	21	Breakfast Entree	22	Breakfast Entree
Chocolate Chip Banana Bread		Grilled Bacon & Cheese Sandwich		Apple Cinnamon French Toast Casserole		Turkey Sausage Biscuit
Fruit		Fruit		Fruit		Fruit
Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit
Milk		Milk		Milk		Milk
1% Lowfat Milk		1% Lowfat Milk		1% Lowfat Milk		1% Lowfat Milk
Fat Free Milk		Fat Free Milk		Fat Free Milk		Fat Free Milk
Breakfast Entree	27	Breakfast Entree	28	Breakfast Entree	29	Breakfast Entree
Strawberry Vanilla		Breakfast Sandwich		Blueberry French Toast Casserole		Breakfast Burrito
Fruit		Fruit		Fruit		Vegetables
Assorted Fruit		Assorted Fruit		Assorted Fruit		Fire Roasted Salsa
Milk		Milk		Milk		Fruit
1% Lowfat Milk		1% Lowfat Milk		1% Lowfat Milk		Assorted Fruit
Fat Free Milk		Fat Free Milk		Fat Free Milk		Milk
						1% Lowfat Milk
						Fat Free Milk

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